

'Use It or Lose It'

Psalm 55:13-14 **13**But it is you, a man like myself, my companion, my close friend, **14**with whom I once enjoyed sweet fellowship as we walked with the throng at the house of God.

Exodus 31:3 “And I have filled him with the Spirit of God, with skill, ability, and knowledge in all kinds of crafts.”

Exodus 35:31 “And he has filled him with the Spirit of God, with skill, ability, and knowledge in all kinds of crafts.”

Matthew 10:42 “And if anyone gives even a cup of cold water to one of these little ones because he is my disciple, I tell you the truth, he will certainly not lose his reward.”

Matthew 25:15 “To one he gave five talents of money, to another two talents, to another one talent, each according to his ability. The he went on his journey.”

Acts 11:29 “The disciples, each according to his ability, decided to provide help for the brothers living in Judea.”

Romans 5:14 “Nevertheless, death reigned from the time of Adam to the time of Moses, even over those who did not sin by breaking a command, as did Adam, who was a pattern of the one to come.”

Hebrews 5:14 “But solid food is for the mature, who by constant use have trained themselves to distinguish good from evil.”

I Peter 4:10 “Each one should use whatever gift he has received to serve others, faithfully administering God’s grace in its various forms.”

II John 8 “Watch out that you do not lose what you have worked for, but that you may be rewarded fully.”

Balance

Micah 6:8 He has showed you, O man, what is good. And what does the LORD require of you? To act justly and to love mercy and to walk humbly with your God.

Matthew 6:24 "No one can serve two masters. Either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve both God and Money.

Joshua 7:12 "That is why the Israelites cannot stand against their enemies; they turn their backs and run because they have been made liable to destruction. I will not be with you anymore whatever among you is devoted to destruction."

Psalms 62:9 "Lowborn men are but a breath, the highborn are but a lie; if weighed on a balance, they are nothing; together they are only a breath."

Ecclesiastes 7:11 "Wisdom, like an inheritance, is a good thing and benefits those who see the sun."

Romans 3:23 "...for all have sinned and fall short the glory of God..."

II Corinthians 8:13 "Our desire is not that others might be relieved while you are hard pressed, but that there might be equality."

Weight-Loss

Nehemiah 5:9 So I continued, "What you are doing is not right. Shouldn't you walk in the fear of our God to avoid the reproach of our Gentile enemies?"

Acts 27:18 We took such a violent battering from the storm that the next day they began to throw the cargo overboard.

Luke 21:34 "Be careful, or your hearts will be weighed down with dissipation, drunkenness and the anxieties of life, and that day will close on you unexpectedly like a trap.

Proverbs 21:2 All a man's ways seem right to him, but the LORD weighs the heart

Proverbs 12:25 An anxious heart weighs a man down, but a kind word cheers him up.

Ecclesiastes 11:10 "So then, banish anxiety from your heart and cast off the troubles of your body, for youth and vigor are meaningless."

Psalms 51:2 "Wash away all my iniquity and cleanse me from my sin."

Jonah 1:5 "All the sailors were afraid and each cried out to his own god. And they threw the cargo into the sea to lighten the ship. But Jonah had gone below deck, where he lay down and fell into a deep sleep."

Matthew 18:8 "If your hand or your foot causes you to sin, cut it off and throw it away. It is better for you to enter life maimed or crippled than to have two hands or two feet and be thrown into eternal life."

Romans 6:2 "By no means! We died to sin; how can we live in it any longer?"

Romans 6:12 "Therefore do not let sin reign in your mortal body so that you obey its evil desires."

I Peter 5:7 "Cast all your anxiety on him because he cares for you."

I John 3:5 "But you know that he appeared so that he might take away our sins. And in him is no sin."

'No Pain – No Gain'

Psalm 1:1 Blessed is the man who does not walk in the counsel of the wicked or stand in the way of sinners or sit in the seat of mockers.

Genesis 6:6 “The Lord has grieved that he had made man on the earth, and his heart was filled with pain.”

Job 6:10 “Then I would still have this consolation-my joy in unrelenting pain-that I had not denied the words of the Holy One.”

Psalm 38:7 “My back is filled with searing pain; there is no health in my body.”

Psalm 69:29 “I am in pain and distress; may your salvation, O God, protect me.”

Mark 8:36 “What good is it for a man to gain the whole world, yet forfeit his soul?”

Luke 21:19 “By standing firm you will gain life.”

Philippians 1:21 “For to me, to live is Christ and to die is gain.”

I Timothy 6:6 “But godliness with contentment is great gain.”

I Peter 2:19 “For it is commendable if a man bears up under the pain of unjust suffering because he is conscious of God.”

Revelation 21:4 “He will wipe every tear from their eyes. There will be no more death or mourning or crying or pain, for the old order of things has passed away.”

Aerobic vs. Anaerobic

Jeremiah 6:25 Do not go out to the fields or walk on the roads, for the enemy has a sword, and there is terror on every side.

Romans 9:16 “It does not, therefore, depend on man’s desire or effort, but on God’s mercy.”

II Corinthians 1:6 “...because our testimony about Christ was confirmed in you.”

Galatians 3:3 “Are you so foolish? After beginning with the Spirit, are you now trying to attain your goal by human effort?”

Colossians 1:11 “...being strengthened with all power according to his glorious might so that you may have great endurance and patience...”

Colossians 1:29 “To this end I labor, struggling with all his energy, which so powerfully works in me.”

Revelation 14:12 “This calls for patient endurance on the part of the saints who obey God’s commandments and remain faithful to Jesus.”

Specificity

Jeremiah 6:16 This is what the LORD says: "Stand at the crossroads and look; ask for the ancient paths, ask where the good way is, and walk in it, and you will find rest for your souls. But you said, 'We will not walk in it.'

I Corinthians 12:7-11 **7**Now to each one the manifestation of the Spirit is given for the common good. **8**To one there is given through the Spirit the message of wisdom, to another the message of knowledge by means of the same Spirit, **9**to another faith by the same Spirit, to another gifts of healing by that one Spirit, **10**to another miraculous powers, to another prophecy, to another distinguishing between spirits, to another speaking in different kinds of tongues, and to still another the interpretation of tongues. **11**All these are the work of one and the same Spirit, and he gives them to each one, just as he determines.

I Corinthians 12:27-31 **27**Now you are the body of Christ, and each one of you is a part of it. **28**And in the church God has appointed first of all apostles, second prophets, third teachers, then workers of miracles, also those having gifts of healing, those able to help others, those with gifts of administration, and those speaking in different kinds of tongues. **29**Are all apostles? Are all prophets? Are all teachers? Do all work miracles? **30**Do all have gifts of healing? Do all speak in tongues? Do all interpret? **31**But eagerly desire the greater gifts. And now I will show you the most excellent way.

Genesis 47:6 "...and the land of Egypt is before you; settle your father and your brothers in the best part of the land. Let them with special ability, put them in charge of my own livestock."

Exodus 31:3 "...and I have filled him with the Spirit of God, with skill, ability and knowledge in all kinds of crafts"

Numbers 4:32 "...as well as the posts of the surrounding courtyard with their bases, tent pegs, ropes, all their equipment and everything related to their use. Assign to each man the specific things he is to carry."

Deuteronomy 33:11 "Bless all his skills, O Lord, and be pleased with the work of his hands. Smite the loins of those who rise up against him; strike his foes till they rise no more."

Matthew 24:15 "So when you see standing the holy place 'the abomination that causes desolation,' spoken of through the prophet Daniel-let the reader understand"

Acts 11:29 "The disciples, each according to his ability, decided to provide help for the brothers living in Judea."

Progression

Leviticus 26:13 I am the LORD your God, who brought you out of Egypt so that you would no longer be slaves to the Egyptians; I broke the bars of your yoke and enabled you to walk with heads held high.

Hebrews 5:13-14 **13**Anyone who lives on milk, being still an infant, is not acquainted with the teaching about righteousness. **14**But solid food is for the mature, who by constant use have trained themselves to distinguish good from evil.

Psalms 119:96 “To all perfection I see a limit; but your commands are boundless.”

I Corinthians 3:2 “I gave you milk, not solid food, for you were not yet ready for it. Indeed, you are still not ready.”

II Corinthians 13:11 “Finally, brothers, good-bye. Aim for perfection, listen to my appeal, be of one mind, live in peace. And the God of love and peace will be with you.”

Philippians 1:25 “Convinced of this, I know that I will remain, and I will continue with all of you for your progress and joy in the faith”

I Timothy 4:15 “...which God will bring about in his own time-God, the blessed and only Ruler, the King of kings and Lord of lords”

Hebrews 7:11 “If perfection could have been attained through the Levitical priesthood (for on the basis of it the law was given to the people), why was there still need for Melchizedek, not in the order of Aaron?”

Overload

Psalms 84:11 For the LORD God is a sun and shield; the LORD bestows favor and honor; no good thing does he withhold from those whose walk is blameless.

Luke 12:48 But the one who does not know and does things deserving punishment will be beaten with few blows. From everyone who has been given much, much will be demanded; and from the one who has been entrusted with much, much more will be asked.

Exodus 5:13 “The slave drivers kept pressing them, saying, ‘Complete the work required of you for each day, just as when you had straw.’”

Numbers 4:27 “All their service, whether carrying or doing other work, is to be done under the direction of Aaron and his sons. You shall assign to them as their responsibility all they are to carry.”

II Chronicles 20:9 “If calamity comes upon us, whether the sword of judgment, or plague or famine, we will stand in your presence before this temple that bears your name and will cry out to you in our distress, and you will hear us and save us.”

Proverbs 3:21 “My son, preserve sound judgment and discernment, do not let them out of your sight.”

Proverbs 8:14 “Counsel and sound judgment are mine; I have understanding and power.”

Galatians 6:10 “Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers.”

Ephesians 5:16 “...making the most of every opportunity, because the days are evil.”

Colossians 4:5 “Be wise in the way you act toward outsiders; make the most of every opportunity.”

Relationships

Amos 3:3 Do two walk together unless they have agreed to do so?

Numbers 30:16 “These are the regulations the Lord gave Moses concerning relationships between a man and his wife, and between a father and his young daughter still living in his house.”

Judges 18:28 “There was no one to rescue them because they lived a long way from Sidon and had no relationship with anyone else. The city was in a valley near Beth Rehob.”

I Samuel 20:42 “Jonathan said to David, ‘Go in peace, for we have sworn friendship with each other in the name of the Lord, saying, ‘Th Lord is witness between you and me, and between your descendants and my descendants forever.’” Then David left, and Jonathan went back to the town.”

Psalms 55:13 “But it is you, a man like myself, my companion, my close friend”

Psalms 109:4-5 **4**“In return for my friendship they accuse me, but I am a man of prayer. **5**They repay me evil for good, and hatred for my friendship.”

Proverbs 16:28 “A perverse man stirs up dissension, and a gossip separates close friends.”

Proverbs 17:9 “He who covers over an offense promotes love, but whoever repeats the matter separates close friends.”

Ecclesiastes 4:10 “If one falls down, his friend can help him up. But pity the man who falls and has no one to help him up!”

John 11:11 “After he had said this, he went on to tell them, ‘Our friend Lazarus has fallen asleep; but I am going there to wake him up.’”

Acts 10:24 “The following day he arrived in Caesarea. Cornelius was expecting then and had called together his relatives and close friends.”

James 4:4 “You adulterous people, don’t you know that friendship with the world is hatred toward God? Anyone who chooses to be a friend of the world becomes an enemy of God.”

Physical Beauty

Acts 3:9-10 When all the people saw him walking and praising God, **10**they recognized him as the same man who used to sit begging at the temple gate called Beautiful, and they were filled with wonder and amazement at what had happened to him.

Luke 16:15 He said to them, "You are the ones who justify yourselves in the eyes of men, but God knows your hearts. What is highly valued among men is detestable in God's sight.

Romans 10:15 And how can they preach unless they are sent? As it is written, "How beautiful are the feet of those who bring good news!"

I Samuel 16:7 "But the Lord said to Samuel, 'Do not consider his appearance or his height, for I have rejected him. The Lord does not look at the things man looks at. Man looks at the outward appearance, but the Lord looks at the heart.'"

I Samuel 16:12 "So he sent and had him brought in. He was ruddy, with a fine appearance and handsome features. Then the Lord said, 'Rise and anoint him; he is the one.'"

Proverbs 6:25 "Do not lust in your heart after her beauty or let her captivate you with her eyes."

Isaiah 52:14 "Just as there were many who were appalled at him-his appearance was so disfigured beyond that of any man and his form marred beyond human likeness"

Lamentations 4:7 "Their princes were brighter than snow and whiter than milk, their bodies more ruddy than rubies, their appearance like sapphires."

Galatians 2:6 "As for those who seemed important-whatever they were makes no difference to me; God does not judge by external appearance-those men added nothing to my message."

I Peter 3:3-4 3“Your beauty should not come from outward adornment, such as braided hair and the wearing of gold jewelry and fine clothes. 4Instead, it should be that of your inner self, the unfading beauty of a gently and quiet spirit, which is of great worth in God’s sight.”

Competition

Leviticus 26:12 I will walk among you and be your God, and you will be my people.

I Corinthians 10:13 No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it.

Deuteronomy 16:1 “For seven days celebrate the Feast to the Lord your God at the place the Lord will choose. For the Lord your God will bless you in all your harvest and in all the work of your hands, and your joy will be complete.”

Jeremiah 12:5 “If you have raced with men on foot and they have worn you out, how can you compete with horses? If you stumble in sage country, how will you manage in the thicket by the Jordan?”

Luke 14:28 “Suppose one of you wants to build a tower. Will he not first sit down and estimate the cost to see if he has enough money to complete it?”

I Corinthians 9:24 “Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize.”

Galatians 5:7 “You were running a good race. Who cut in on you and kept you from obeying the truth?”

II Timothy 4:7 “I have fought the good fight, I have finished the race, I have kept the faith.”

Hebrews 12:1 “Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us.”

James 1:4 “Perseverance must finish its work so that you may be mature and complete, not lacking anything.”

Happiness

John 8:12 When Jesus spoke again to the people, he said, "I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life."

Philippians 3:19-21 **19**Their destiny is destruction, their god is their stomach, and their glory is in their shame. Their mind is on earthly things. **20**But our citizenship is in heaven. And we eagerly await a Savior from there, the Lord Jesus Christ, **21**who, by the power that enables him to bring everything under his control, will transform our lowly bodies so that they will be like his glorious body.

Luke 22:42 "Father, if you are willing, take this cup from me; yet not my will, but yours be done."

Genesis 45:18 “...and bring your father and your families back to me. I will give you the best of the land of Egypt and you can enjoy the fat of the land.”

Ecclesiastes 2:26 “To the man who pleases him, God gives wisdom, knowledge and happiness, but to the sinner he gives the task of gathering and storing up wealth to hand it over to the one who pleases God. This too is meaningless, a chasing in the wind.”

Ecclesiastes 5:19 “Moreover, when God gives any man wealth and possessions, and enables him to enjoy them, to accept his lot and be happy in his work—this is a gift of God.

Ecclesiastes 7:14 “When times are good, be happy; but when times are bad, consider: God has made the one as well as the other. Therefore, a man cannot discover anything about his future.”

Ecclesiastes 8:15 “So I commend the enjoyment of life, because nothing is better for a man under the sun than to eat and drink and be glad. Then joy will accompany him in his work all the days of the life God has given him under the sun.”

Proverbs 10:23 “A fool finds pleasure in evil conduct, but a man of understanding delights in wisdom.”

Proverbs 15:13 “A happy heart makes the face cheerful, but heartache crushes the spirit.”

Proverbs 21:17 “He who loves pleasure will become poor; whoever loves wine and oil will never be rich.”

Ephesians 6:3 “...that it may go well with you and that you may enjoy long life on the earth.”

I Timothy 5:6 “But the widow who lives for pleasure is dead even while she lives.”

I Timothy 6:17 “Command those who are rich in this present world not to be arrogant nor to put their hope in wealth, which is so uncertain, but to put their hope in God, who richly provides us with everything for our enjoyment.”

James 5:13 “Is any one of you in trouble? He should pray. Is anyone happy? Let him sing songs of praise.”

III John 2 “Dear friend, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well.”

Mental Health

Proverbs 6:22 When you walk, they will guide you; when you sleep, they will watch over you; when you awake, they will speak to you.

Romans 8:5-8 **5**Those who live according to the sinful nature have their minds set on what that nature desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. **6**The mind of sinful man is death, but the mind controlled by the Spirit is life and peace; **7**the sinful mind is hostile to God. It does not submit to God's law, nor can it do so. **8**Those controlled by the sinful nature cannot please God.

Philippians 4:8 Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable --if anything is excellent or praiseworthy --think about such things.

Psalms 26:2-3 **2**Test me, O LORD, and try me, examine my heart and my mind; **3**for your love is ever before me, and I walk continually in your truth.

Deuteronomy 11:18 “Fix these words of mine in your hearts and minds; tie them as symbols on your hands and bind them on your foreheads.”

Psalms 73:7 “From their callous hearts comes iniquity, the evil conceits of their minds know no limits.”

Proverbs 12:8 “A man is praised according to his wisdom, but men with warped minds are despised.”

Jeremiah 14:14 “Then the Lord said to me, ‘The prophets are prophesying lies in my name. I have not sent them or appointed them or spoken to them. They are prophesying to you false visions, divinations, idolatries and the delusions of their own minds.’”

Jeremiah 23:26 “How long will this continue in the hearts of these lying prophets, who prophesy the delusions of their own minds?”

Luke 24:38 “He said to them, “Why are you troubled, and why do doubts rise in your minds?””

Acts 15:24 “We have heard that some went out from us without our authorization and disturbed you, troubling your minds by what they said.”

Romans 8:5 “Those who live according to the sinful nature have their minds set on what that nature desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires.”

I Peter 1:13 “Therefore, prepare your minds for action; be self-controlled; set your hope fully on the grace to be given you when Jesus Christ is revealed.”

Self-Concept

Daniel 4:37 Now I, Nebuchadnezzar, praise and exalt and glorify the King of heaven, because everything he does is right and all his ways are just. And those who walk in pride he is able to humble.

Philippians 4:13 I can do everything through him who gives me strength.

I Kings 1:52 “Solomon replied, ‘If he shows himself to be a worthy man, not a hair from his head will fall to the ground; but if evil is found in him, he will die.’”

Romans 6:6 “For we know that our old self was crucified with him so that the body of sin might be done away with, that we should no longer be slaves to sin”

Ephesians 4:22 “You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires;”

II Thessalonians 3:14 “If anyone does not obey our instructions in this letter, take special note of him. Do not associate with him, in order that he may feel ashamed.”

Titus 2:2 “Teach the older men to be temperate, worthy of respect, self-controlled, and sound in faith, in love and in endurance.”

I Peter 3:4 “Instead, it should be that of your inner self, the unfading beauty of a gentle and quiet spirit, which is of great worth in God’s sight.”

Stress

Isaiah 57:2 Those who walk uprightly enter into peace; they find rest as they lie in death.

Proverbs 3:11-12 **11**My son, do not despise the LORD's discipline and do not resent his rebuke, **12**because the LORD disciplines those he loves, as a father the son he delights in.

Hebrews 12:10 Our fathers disciplined us for a little while as they thought best; but God disciplines us for our good, that we may share in his holiness.

Hebrews 12:11 No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it.

Proverbs 27:17 As iron sharpens iron, so one man sharpens another.

Psalms 94:12 Blessed is the man you discipline, O LORD, the man you teach from your law;

Deuteronomy 8:5 “Know then in your heart that as a man disciplines his son, so the Lord your God disciplines you.”

Jeremiah 19:9 “I will make them eat the flesh of their sons and daughters, and they will eat one another’s flesh during the stress of the siege imposed on them by the enemies who seek their lives.”

I Corinthians 3:7 “So neither he who plants nor he who waters is anything, but only God, who makes things grow.”

Hebrews 12:3 “Consider him who endured such opposition from sinful men, so that you will not grow weary and lose heart.”

Hebrews 12:6 “...because the Lord disciplines those he loves, and he punishes everyone he accepts as a son.”

James 1:4 “Perseverance must finish its work so that you may be mature and complete, not lacking anything.”

Behavior

Micah 4:5 All the nations may walk in the name of their gods; we will walk in the name of the LORD our God for ever and ever.

Colossians 3:9-10 Do not lie to each other, since you have taken off your old self with its practices **10**and have put on the new self, which is being renewed in knowledge in the image of its Creator.

Proverbs 8:13 “To fear the Lord is to hate evil; I hate pride and arrogance, evil behavior and perverse speech.”

Proverbs 10:23 “A fool finds pleasure in evil conduct, but a man of understanding delights in wisdom.”

Proverbs 20:11 “Even a child is known by his actions, by whether his conduct is pure and right.”

Proverbs 21:8 “The way of the guilty is devious, but the conduct of the innocent is upright.”

Jeremiah 17:10 “I the Lord search the heart and examine the mind, to reward a man according to his conduct, according to what his deeds deserve.”

Ezekiel 36:19 “I dispersed them among the nations, and they were scattered through the countries; I judged them according to their conduct and their actions.”

Philippians 1:27 “Whatever happens, conduct yourselves in a manner worthy of the gospel of Christ. Then, whether I come and see you or only hear about you in my absence, I will know that you stand firm in one spirit, contending as one man for the faith of the gospel.”

Colossians 1:21 “Once you were alienated from God and were enemies in your minds because of your evil behavior.”

I Peter 3:1 “Wives, in the same way be submissive to your husbands so that, if any of them do not believe the word, they may be won over without words by the behavior of their wives.”

I Peter 3:16 “...keeping a clear conscience, so that those who speak maliciously against your good behavior in Christ may be ashamed of their slander.”

Longevity

Deuteronomy 5:33 Walk in all the way that the LORD your God has commanded you, so that you may live and prosper and prolong your days in the land that you will possess.

Genesis 5:27 Altogether, Methuselah lived 969 years, and then he died.

Deuteronomy 6:2 “...so that you, your children and their children after them may fear the Lord your God as long as you live by keeping all his decrees and commands that I give you, and so that you may enjoy long life.”

I Samuel 25:6 “Say to him; ‘Long life to you! Good health to you and your household! And good health to all that is yours!’”

I Kings 3:14 “And if you walk in my ways and obey my statutes and commands as David your Father did, I will give you a long life.”

Job 12:12 “Is not wisdom found among the aged? Does not long life bring understanding?”

Proverbs 28:16 “A tyrannical ruler lacks judgment, but he who hates ill-gotten gain will enjoy a long life.”

Ephesians 6:3 “that it may go well with you and that you may enjoy long life on the earth.”

Masculinity

Genesis 5:24 Enoch walked with God; then he was no more, because God took him away.

Genesis 3:23 So the LORD God banished him from the Garden of Eden to work the ground from which he had been taken.

Genesis 2:18 The LORD God said, "It is not good for the man to be alone. I will make a helper suitable for him."

II Timothy 2:2 And the things you have heard me say in the presence of many witnesses entrust to reliable men who will also be qualified to teach others.

I Corinthians 16:17-18 **17**I was glad when Stephanas, Fortunatus and Achaicus arrived, because they have supplied what was lacking from you. **18**For they refreshed my spirit and yours also. Such men deserve recognition.

Ephesians 5:25-28 **25**Husbands, love your wives, just as Christ loved the church and gave himself up for her **26**to make her holy,

cleansing her by the washing with water through the word, **27**and to present her to himself as a radiant church, without stain or wrinkle or any other blemish, but holy and blameless. **28**In this same way, husbands ought to love their wives as their own bodies. He who loves his wife loves himself.

Ephesians 5:33 However, each one of you also must love his wife as he loves himself, and the wife must respect her husband.

I Corinthians 6:9 Do you not know that the wicked will not inherit the kingdom of God? Do not be deceived: Neither the sexually immoral nor idolaters nor adulterers nor male prostitutes nor homosexual offenders

Proverbs 15:20-21 “A wise son brings joy to his father, but a foolish man despises his mother. Folly delights a man who lacks judgment, but a man of understanding keeps a straight course.”

I Corinthians 7:7 “I wish that all men were as I am. But each man has his own gift from God; one has this gift, another has that.”

I Corinthians 16:18 “For they refreshed my spirit and yours also. Such men deserve recognition.”

Ephesians 6:2 “Honor your father and mother’-which is the first commandment with a promise”

Philippians 2:29 “Welcome him in the Lord with great joy, and honor men like him.”

Hebrews 13:17 “Obey your leaders and submit to their authority. They keep watch over you as men who must give an account. Obey them so that their work will be a joy, not a burden, for that would be of no advantage to you.”

I John 2:14 “I write to you, fathers, because you have known him who is from the beginning. I write to you, young men, because you are strong, and the word of God lives in you, and you have overcome the evil one.”

Femininity

III John 4 I have no greater joy than to hear that my children are walking in the truth.

Genesis 2:24 For this reason a man will leave his father and mother and be united to his wife, and they will become one flesh.

Genesis 3:16 To the woman he said, "I will greatly increase your pains in childbearing; with pain you will give birth to children. Your desire will be for your husband, and he will rule over you."

Genesis 2:20 So the man gave names to all the livestock, the birds of the air and all the beasts of the field. But for Adam no suitable helper was found.

Colossians 3:19 Husbands, love your wives and do not be harsh with them.

I Peter 3:7 Husbands, in the same way be considerate as you live with your wives, and treat them with respect as the weaker partner and as heirs with you of the gracious gift of life, so that nothing will hinder your prayers.

Ephesians 5:33 However, each one of you also must love his wife as he loves himself, and the wife must respect her husband.

Proverbs 18:22 He who finds a wife finds what is good and receives favor from the LORD.

Ephesians 5:22-24 **22**Wives, submit to your husbands as to the Lord. **23**For the husband is the head of the wife as Christ is the head of the church, his body, of which he is the Savior. **24**Now as the church submits to Christ, so also wives should submit to their husbands in everything.

Proverbs 6:20 "My son, keep your father's commands and do not forsake your mother's teaching."

Proverbs 20:20 “If a man curses his father or mother, his lamp will be snuffed out in pitch darkness.”

Proverbs 31:29 “Many women do noble things, but you surpass them all.”

Mark 15:41 “In Galilee these women had followed him and cared for his needs. Many other women who had come up with him to Jerusalem were also there.”

Luke 24:22 “In addition, some of our women amazed us. They went to the tomb early this morning but didn’t find his body.”

Acts 16:13 “On the Sabbath we went outside the city gate to the river, where we expected to find a place of prayer. We sat down and began to speak to the women who had gathered there.”

Philippians 4:3 “Yes, and I ask you, loyal yokefellow, help these women who have contended at my side in the cause of the gospel, along with Clement and the rest of my fellow workers, whose names are in the book of life.”

I Timothy 3:11 “In the same way, their wives are to be women worthy of respect, not malicious talkers but temperate and trustworthy in everything.”

I Peter 3:5 “For this is the way the holy women of the past who put their hope in God used to make themselves beautiful. They were submissive to their own husbands...”

Serving

II John 6 And this is love: that we walk in obedience to his commands. As you have heard from the beginning, his command is that you walk in love.

Romans 12:1 Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God --this is your spiritual act of worship.

Luke 22:19 And he took bread, gave thanks and broke it, and gave it to them, saying, "This is my body given for you; do this in remembrance of me."

John 10:28 I give them eternal life, and they shall never perish; no one can snatch them out of my hand.

John 14:27 Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

Acts 15:9 He made no distinction between us and them, for he purified their hearts by faith.

II Corinthians 5:5 Now it is God who has made us for this very purpose and has given us the Spirit as a deposit, guaranteeing what is to come.

I Timothy 5:8 If anyone does not provide for his relatives, and especially for his immediate family, he has denied the faith and is worse than an unbeliever.

Proverbs 18:16 "A gift opens the way for the giver and ushers him into the presence of the great."

Matthew 6:4 "so that your giving may be in secret. Then your Father, who sees what is done in secret, will reward you."

Mark 9:41 "I tell you the truth, anyone who gives you a cup of water in my name because you belong to Christ will certainly not lose his reward."

II Corinthians 8:7 "But just as you excel in everything—in faith, in speech, in knowledge, in complete earnestness and in your love for us—see that you also excel in this grace of giving."

II Corinthians 9:7 “Each man should give what he has decided in his heart to give, not reluctantly or under compulsion, for God loves a cheerful giver.”

Colossians 3:17 “And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.”